

## **STAY HOME, STAY WELL**

### **Meal and food delivery update for those in isolation– 21 April 2020**

**Hot lunch** - Age UK is delivering hot lunch every day to Richmond and surrounding villages (\*) and to Leyburn and surrounding villages (\*\*)

These cost £5 for a 2-course set menu

Please book meals before 11.00 on the day, by phone 01325 741492 or email [catering@ageuknyd.org.uk](mailto:catering@ageuknyd.org.uk)

**Hot evening dinner** – Nazzarena, Queen's Road, Richmond, are delivering a daily special to the elderly in the town for £3.95 - £4.95  
Open every day except Monday, 16.00 - 20.00 - phone 01748 850777

### **Food shopping service with free delivery**

Age UK volunteers collect shopping for older people who are in isolation and dropping it off at their homes. Please phone 01325 741496

### **Telephone befriending**

Age UK are offering telephone support; the Our Good Friend telephone befriending service supports lonely and isolated people in North Yorkshire aged from over 18 years

Please phone 0300 3020 100 or email [enquiries@ageuknyd.org.uk](mailto:enquiries@ageuknyd.org.uk)

### **Information and Advice**

Age UK are offering telephone and advice services to help older people with general benefits checks, Personal independence plans, dealing with housing, utility bills and other general issues.

Please phone 01325 357345 or email [enquiries@ageuknyd.org.uk](mailto:enquiries@ageuknyd.org.uk)

### **(\*) Age UK hot lunches to Richmond and surrounding villages**

These are being delivered from Gilling to Alborough St John, Barton, Brompton on Swale, Caldwell, Dalton, Darlington, East Leyton, Eppleby, Forcett, Gainford, Gayles, Hartforth, Hutton Magna, Kirby Hill, Melsonby, Middleton Tyas, Newsham, Ravensworth, Richmond, Scorton, Skeeby, Newsham and West Leyton

### **(\*\*) Age UK hot lunches to Leyburn and surrounding villages**

These are being delivered from Leyburn to Aysgarth, Bellerby, Constable Burton, Coverdale, East Witton, Harmby, Jervaulx, Leyburn, Middleham, Spennithorne, Swinithwaite and West Witton

The shopping service available for all the towns and villages listed above and as far as possible across Richmondshire upon request.

### **Volunteers needed please**

If you would like to volunteer to distribute these delivery information leaflets in your area, please phone 07394 907924 or email [covidsos@gmail.com](mailto:covidsos@gmail.com)

If you would like to volunteer to help Age UK, please phone 0300 3020 100 or email [enquiries@ageuknyd.org.uk](mailto:enquiries@ageuknyd.org.uk)

For an updated version of this or the more detailed Richmond Delivery information, please collect from Richmond Town Hall, phone 07394 907924, email [covidsos@gmail.com](mailto:covidsos@gmail.com) or visit [covidsos.co.uk](http://covidsos.co.uk)